



THE THIRD SUNDAY IN LENT  
March 12, 2023 at 8:00AM

## Holy Eucharist Rite I

Welcome to the Episcopal Church of Saint Clement!  
We are so glad you are here to worship with us this morning.

Welcome to worship at Saint Clement! We are delighted to come TOGETHER this Sunday, and thrilled that you have chosen to celebrate with us! **Nursery care is available for infants to age 4. Most Sundays, Church School in the form of Godly Play is available for children ages 3 - 10.** Church School takes place during the first half of the service with children returning at the peace.

During the liturgy, we will use the Book of Common Prayer, the Hymnal 1982, and the LEVAS Hymnal found in the pew racks. 'S' refers to the service music section at the front of The Hymnal 1982. Please note that the liturgy is spoken during the 8:00AM service; the musical parts of service are incorporated into the liturgy during the 10:00AM service.

All who seek a deeper relationship with God in Jesus Christ are welcome to receive the Sacrament of Holy Communion during this liturgy. Gluten-free wafers are available. Receive the bread in the outstretched palm of your hand. Wine is offered in a common Chalice during communion; you may receive the wine by sipping from the Chalice or through intinction (dipping your bread). If the reception of Holy Communion is not part of your tradition, you are invited to come forward to receive a blessing. Simply cross your arms over your chest to indicate to the priest your desire to receive a blessing.

At the conclusion of the liturgy, we invite you to join us for refreshments and fellowship in the Parish Hall. Saint Clement will provide Sunday treats.

To learn more about the mission and ministry of the Church of St. Clement, please email Rev. Robin Razzino at [revrobinazzino@gmail.com](mailto:revrobinazzino@gmail.com) or the Church Office at [office@saintclement.org](mailto:office@saintclement.org). We would be happy to set up a meeting with you.

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## A Penitential Order: Rite I

BCP 319

### The Kyrie Eleison

BCP 324

### The Collect

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

### The First Lesson

*Exodus 17:1-7*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

***Thanks be to God.***

## The Response

### *Psalm 95 - Venite, exultemus*

- 1 Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.
- 3 For the Lord is a great God, \*  
and a great King above all gods.
- 4 In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.
- 5 The sea is his, for he made it, \*  
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.
- 7 For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,  
as your forebears did in the wilderness, \*  
at Meribah, and on that day at Massah,  
when they tempted me.
- 9 They put me to the test, \*  
though they had seen my works.
- 10 Forty years long I detested that generation  
and said, \*  
"This people are wayward in their hearts;  
they do not know my ways."
- 11 So I swore in my wrath, \*  
"They shall not enter into my rest."

## The Second Lesson

### *Romans 5:1-11*

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord. *Thanks be to God.*

## The Gospel

The Holy Gospel of our Lord Jesus Christ according to John.

***Glory to You, Lord Christ.***

*John 4:5-42*

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell

you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the LORD. *Praise to You, Lord Christ.*

**Sermon** **Claire Wang, Seminarian**

**The Nicene Creed** **BCP 326**

**Prayers of the People** **BCP 328**

**The Peace** **BCP 332**

**Announcements**

**The Great Thanksgiving: Eucharistic Prayer II** **BCP 340**

**Sanctus** **BCP 341**

**The Lord's Prayer** **BCP 336**

**Communion**

**Post-Communion Prayer** **BCP 339**

**Blessing**

**Dismissal**



## Please Remember in your Prayers

**Parishioners:** Yvonne Eyo, Shirley Hicar, Justin Morgan, Elsie Mosqueda, Peggy Nigon, Jim Payne, Ellen Rayner, Fiona Montante, Barbara Borden, Mike and Linda Oliver, Wick Cromwell, Sarai Welch, Daniel Ziegler, and Harry Williams.

**Friends & Family:** Joey Connor, Beth Crawley, the Forest family, Gene Heiler, Boris Medrano and his family, Cameron Pattissal and family, C.P. Reid and family, Josh Wimberly, CC Mullen, Richard T, Brian Hood, Tiffany Foddrell, Nate Zapadka, Kate Zapadka, Cathy Mercer and Family, Baby Ford and Family, Nancy Stavely, Jake Murray, Kenneth Lively, Karen Johnson, Chris, Doug Brown, Joyce and Simone, Julius and Marina Gonsalves, Iona, Tara McCallister and family, Simon I., Griffin Sidler, Marie Gillespie, Whitney Faunteroy, William Rahn, Rose-Ellen Eastman and family; Nick, Victoria and Sophia Ellington, the family of Amanda Villarosa, Sharon and Nancy Hill, Marie Carey; Izzy, Ben and Brittany Phelps; Noel, Daniel and Darryl; Jean, Lance, Theo and Oliver Pennington; Pat Heflin, Fred Bayne, Susan Wiard, Caitlin Koerber, Elizabeth Koerber, Jonathan Judah, Beth Hoffman, Jerry and Sandie Casway, Alberto Salvado, Nancy Perkins, Michael Scully, Jeanne Watson, Larry Passow, Jennifer and Nessa Seagraves, Jovita Mina, Tara McCleary, the Elkin family, Karena and her son Kelsey, Anne Crawley, Lea Nigon, the Gil family, family of Lynne Gravina, Sara Iturregui and family, the Garth Froom family, Anne and Jim Riordan; Bob Wright; Shea; our families, friends and neighbors affected by COVID-19 especially Nancy Poe, Katie Mazzocco, Carlos and Pamela Davila; Rita, Bobby and Tisha Massey; David Lambert; Gabi Salas; Michael Coling; Suzanne Martin; Andre Cardozo; Elizabeth Felicetti; Dan; Karena; Kelsey; the family of Dick Thomas during this period of grief; for the victims of the war in the Ukraine, especially those who have died and their surviving family members; for the citizens of Sri Lanka during this time of turmoil.

**Anglican Cycle of Prayer:** Please pray for the Church of South India (United).

**Diocesan Cycle of Prayer:** Please pray for the Rt. Rev. E. Mark Stevenson and all Bishops participating in the House of Bishops meeting

**Birthdays this Week:** Please pray for Street Foster (3/13), Peggy Nigon (3/14), Ben Brown (3/15), and Sara Caniglia (3/17).



## Announcements

**ALIVE! Food Collection**— **ALIVE! is collecting food donations** every Thursday 3:00 – 7:00 PM and Saturday 9:00 AM – 12:00 PM at 116 S. Quaker Lane. Donations must be from the current list of Accepted Food Donations. No glass containers. No expired food. Donation receipts available upon request. Accepted Food Donations (updated 6/18/2021) include: canned fruit, canned vegetables, tomato sauce & tomato products (diced, crushed, etc.), cereal, canned meat, canned soup, dry beans, peanut butter, jelly, cooking oil, box mac & cheese, and “side” dishes (couscous, rice & bean mix, flavored rice/pasta, etc.)

**Thursday Walking Club:** The Saint Clement Walkers are walking **every Thursday morning!** They meet at the **Cameron Cafe around 8:30 AM** in the Cameron Station neighborhood (4911 Brenman Park Dr). After walking for an hour, they return to Cameron Cafe at 9:30 AM for short reading and reflections, at an outside table. Then, lots of fun talking over coffee until about 10:00 AM. If you are interested in joining the walk - or just coffee outside the cafe, contact: Deborah Tatum-Johnson (tatumtenk@aol.com) or Kathy Keenoy (kkeenoy0301@yahoo.com). All are warmly welcomed to join in! Walkers text each other every Wednesday night to check on who's coming and whether there are any changes. (We don't walk if it's raining or snowing). If you would like to join the text group, **contact Kathy at 571-215-2280**.

**Yoga at Saint Clement:** Our gifted yoga leaders offer a variety of free yoga classes to the Saint Clement community! Details are included in our Tuesday Events Emails. If you haven't signed up to receive these messages, you can email the Church Office to be added to the list.

◇*Tuesday Gentle Yoga with Wendy:* Open to everyone! This recurring series of gentle yoga focuses on postures with the aid of a chair. It's simple, easy to join and ideal for all levels and ages :) Join fellow yogis at 7:00PM for class over Zoom.

◇*Wednesday Yoga with Patricia:* Join our talented Patricia and Clementine yogis for weekly flow. Classes include a variety of yogic techniques and are taught over Zoom.

◇*Thursday Mixed Level Yoga with Wendy:* Mixed Level Yoga style is taught on the mat over Zoom, and includes standing and flowing poses. It is a gentle and easier practice. It is ongoing and open to all on Thursdays at 5:30PM!



**Bulletin notices** - Please submit announcements to the Parish Administrator (office@saintclement.org) no later than Tuesday at 9:00 AM. These will be included in the weekly email and the Sunday bulletin.

## **The Church of Saint Clement**

1701 N Quaker Lane, Alexandria, VA 22302

### **Clergy and Staff**

The Rev. Robin Razzino, Rector

The Rev. Dr. Patricia Lyons, Assisting Clergy

Anne Tyler, Music Director

Virginia Insley, Parish Administrator

### **2023 Vestry**

Ben Brown, Senior Warden

Michael Gray, Junior Warden

Peggy Nigon, Register

Lee Dreyfus

Wendy Harper

Tom Greco

Eleanor Patterson

**Treasurer:** Christopher Kent

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### **Worship Schedule**

Sunday 8:00AM: Holy Eucharist, Rite I

Sunday 10:00AM: Holy Eucharist, Rite II

### **Office Information**

Hours: Mon-Fri, *\*Appointment Only*

Phone: 703.998.6166 | Fax: 703.998.3068

Rector: revrobinrazzino@gmail.com | Office: office@saintclement.org

Web: www.saintclement.org

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**Whether you are a newcomer or visitor, we trust you will feel at home in this Christian community, where we are a parish in mission to:**

*Spread the Word of God, Share the Love of God*

*Serve the People of God*